

January 2011 Mainsheet

Official
Newsletter

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www.kenoshayachtclub.com

The Kenosha Yacht Club



**Carol Stanley holds John Weiss' son at the KYC
Holiday Party**

KYC Officers

Commodore
Jim Buck

Rear Commodore
Dick Schmidt

House Committee
Bob Rinehart

Vice Commodore
Paul Lendved

Secretary
Chad Niemi

Trustees
Rita LaPoint - Emeritus
Mike Paulin

Past Commodore
Larry LaPoint

Treasurer
Ed Montano

John Colwell
Gary Powell



January 2011



Waypoints...

Hi All!

This year's **Holiday Party** was a big success even with the winter storm and snow. Lots of toys and food were donated from the members who braved the cold to come to the club. Thanks to Shannon Devine, Ed Montano, Chad and Suzanne Niemi and for all the work and a great time!

Just a reminder of the booth at the “**Strictly Sail**” this year. **Dick Schmidt** did a great job of heading this up last year and still needs members to help out again this year. Look for the signup sheet on the office door at the club. Volunteers have a great time meeting people and telling them about our yacht club.

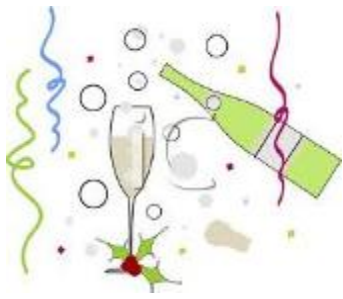
Tim Helgesen – the 2010 **KYC Yachtsman of the Year** – was awarded his coat. Thanks again, Tim! You did a great job as House Chair. We appreciate the help you are giving to the **Bob Rinehart** to get him started.

The revised **By-Laws** passed at the December member meeting! **Ed Montano** has posted a copy of them on the website. The revisions will allow the club to move forward with greater ease.

One of the provisions is to allow membership meetings on other days of the week than the usual Tuesday. Therefore, the next membership meeting will be on **Saturday, January 8th at 1 pm**. It will also be a **Chili Cook-off!** **The club is buying all attendees TWO FREE drinks.** We hope the weekend time will allow more out of town members the opportunity to attend and be involved. The KYC needs the input of all members! We hope to see you all there for food and fun!
And...the member with the Best Chili wins and iPod!!

I hope everyone had a safe and Merry Christmas!

James Buck
Commodore



Good Winds

Rita LaPoint



Welcome to 2011!!

Boy did that last one go fast! Good thing it's over. Maybe the weather will improve. It was a bad one for weather. According to the newspaper, 2010 was one of the worst years in history for violent weather all over the world. Scary! It is not helping my reputation from being the weather person. (It's not my fault!) HELP!

In spite of the blizzard conditions on December 12th, the yacht club Holiday Party was well attended. Brave People!! Jim and Kathea Buck picked me up or I would have missed it. I was glad I went. On the way home Jim drove down by the lake and took some pictures of the waves crashing over the north pier light house and the breakwater. It was awesome.

I guess everyone is staying well – nobody has reported any casualties to me so far.

Don't bother to make any New Year's Resolutions because you know you are never going to keep them. Just promise yourself to get out and enjoy Lake Michigan as often as you can.

Have a Healthy Happy New Year!

Don't forget the Blessing of the Fleet – Sunday, June 5th, 2011 at the Kenosha Yacht Club. Time to mark your calendar.

Fair Winds! Smooth Sailing!

If you know someone who is ill, call Rita - 262-654





View from the Lantern Room



January 2011

Ed. C. Werner

A NEW CURE

A Scientific Discovery and the Remedies Suggested Thereby – Hint for Steamship Companies, with Suitable Illustrations.

An eminent physician has finally discovered the cause of seasickness. Of course going to sea is the original cause of seasickness, but the immediate cause of the nausea, headache and prostration which constitutes seasickness is a lack of blood in the brain. Nature, not foreseeing that man would ever trust themselves on the sea, omitted to supply the vessels of the brain with valves. The result is that when a person is subjected for the first time to the motion of a vessel at sea, the blood, in accordance with the law of gravitation, is drawn from the brain, and there being no valves to retain it, the heart finds difficulty in pumping enough blood into the brain to supply the drain.

This theory enables us to understand why a sailor on his first voyage recovers from seasickness so much more rapidly than a passenger. The reason is that he is compelled to work, and his circulation being thereby quickened his brain is better supplied with blood than the brain of the idle passenger. It is the common belief of the seasick person that he obtains temporary relief by emptying his stomach. The facts of the case are that the effort to thus relieve himself throws the blood into his brain and he thereupon feels better. Those judicious persons who spend the first twenty-four hours of a sea voyage in their berths frequently escape seasickness, for the reason that while a person is lying down the blood can flow into the brain more readily than when he is in any other position.

Knowing the immediate cause of seasickness, we can be at no loss to know how to treat it. Nothing can be clearer than that the recent proposal to treat seasickness by the exhibition of bromides in strong doses is all wrong. The plan of tying a tight bandage around the waist is supported by those who believe that seasickness is due to the mechanical friction of one organ against another. We now know that this is untrue, but nevertheless the tight bandage may be of some little use in compressing certain blood vessels, and thus lessening the drain of blood from the brain. Indeed, there is little doubt that were a man to tie a rope so tightly about his neck as to stop the flow of blood in the veins of the neck he would not be seasick, although it is true that he would die of strangulation and asphyxia – a fact that to the minds of some physicians would be an argument against the general use of the remedy.

The proper treatment for seasickness is simply to stand the patient on his head. This would effectually prevent any undue flow of blood from the brain, and would thus render seasickness impossible. It is not necessary that the treatment should be kept up for any great length of time. Twenty-four hours in ordinary cases would be sufficient, for by the end of that time the patient would probably be accustomed to the motion of the ship and his brain would adapt itself to the new conditions.

Kenosha Harbor, Saturday December 12

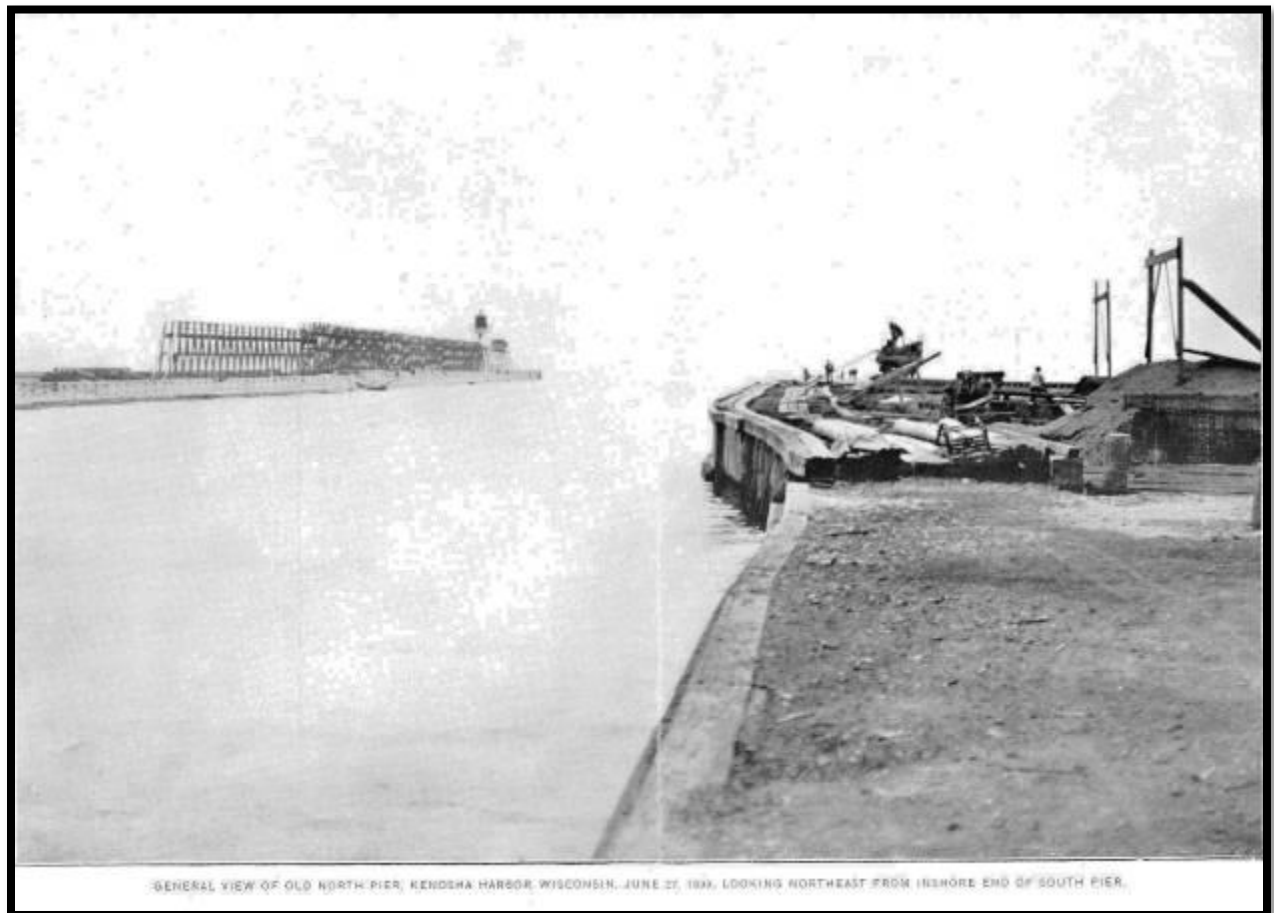


The red and white light house is almost entirely covered by the wave!

The pictures below were submitted by Richard Demencius.
I plan to have large prints made for the upstairs of the club.



June 30, 1900 – Looking East – New Pier in Kenosha



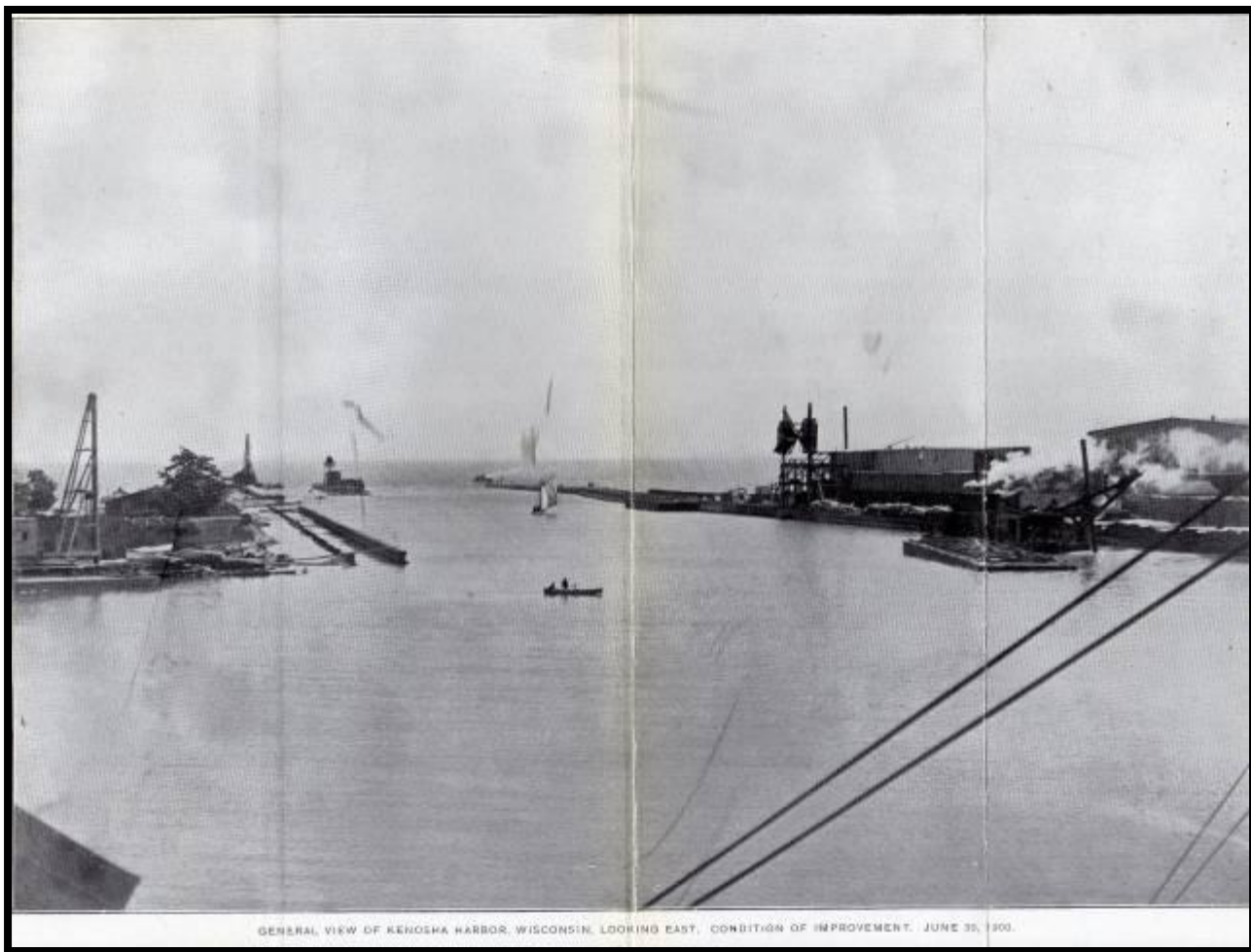


January 2011



	Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	7	8 Chili Party/ Membership Meeting 1 pm
9	10	11	12	13	14	15
16	17	18 Board Meeting 7 pm	19	20	21	22
23	24	25	26	27	28	29
30	31					

Happy New Year



GENERAL VIEW OF KENOSHA HARBOR, WISCONSIN, LOOKING EAST. CONDITION OF IMPROVEMENT. JUNE 30, 1900.



AHH SUMMER!!